

January 31, 2004

Dear Parents:

Let me take this opportunity to welcome you to the 2004 Marauder Track and Field Season. Thank you for the opportunity to work with your sons in the 16 running, hurdle, relay, jumping and throwing events that make up this high school sport.

We have over 100 athletes on our frosh-soph and varsity squads—ranging in skills and experience from first time athletes to elite national class performers. Managing this group presents some interesting challenges and I am making an appeal for your assistance.

First, would you help us with some attached paperwork? All athletes need a completed physical on file and must have returned a **signed syllabus** which explains the goals of the program and some of the risks involved in our sport. In addition, athletes will need to complete the “**athletic consent and emergency form**” which indicates who a coach should call in the event your son is injured at practice or a meet. Next, many of your sons drive or car pool to meets. They will need to complete a “**carpool driver’s insurance verification form**” / “**field trip activity permission form**”. Please complete and return these as soon as possible.

Second, with so many athletes and the number of events we have a critical need for officials and administrative help at track meets. Our most dire needs are finish timers, scoring table recorders, jumps and throws (shot/disc) officials. Your help will free coaches to coach rather than officiate. We will provide full training and guidance as necessary. If you can help, please let us know. The dates and times are listed on the Sign Off page of the athlete’s packet.

Finally, the team has a very informative website (<http://www.jesuittrack.org>). Distance Coach Walt Lange posts the updated team schedule, pictures and results. He has included links to other sites that discuss training aids and report results from other meets across California and the country. For those who consider themselves a “track nut,” this is paradise.

Again, thank you for your continued support.

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