

**2005 Jesuit High School Boys Track and Field Guide
Awards Point System**

1. Participation Points (must earn 55 practice points or 90% and 65 meet participation points to earn an award):

1 point per day of practice (56 school days)	55 points
5 points for Delta League meets (4 league meets)	20 points
5 points for invitationals/relays (10 invitationals)	50 points
10 points for Delta League Championship Meet	10 points
Total Possible Participation Points	135 points

1. Performance Points (Must earn at least 5 performance points to earn an award):

There are a maximum of 40 “award points” available for your performance in practice and Delta League Meets. Five (5) “award points” are given for every point you score in practice meets and ten (10) award points are given for every point you score in Delta League dual meets and /or the Delta championship meet up to a maximum of 40 “award points.”

Total Possible Performance Points	40 points
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1. Volunteer Points (Must earn at least 10 volunteer points to earn letter; formula = 1 pt. per hour worked):

Pre-season initial track clean-up; up to _	4 points
Dual meet set up or clean up = 2 pts/meet x 2 meets up to _	4 points
Team record keeping/stat entry – up to _	8 points
Post-season track clean-up, storage; up to _	8 points
Total possible Volunteer Points	24 points

****N.B. any volunteer points earned above 10 counts as performance points.**

1. Total Awards Points (sections 1, 2, and 3 totals above):

Total possible Awards Points	199 points
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1. Total Points Needed to Earn Award:

- a. Frosh/Soph Points:** Freshman and Sophomores must earn a total of 110 points to receive award certificates. This figure includes 90% practice participation, 100% meet participation unless excused, 5 performance points and 10 volunteer points.
- b. Varsity Points:** Varsity athletes must earn 120 total points to receive a letter. This total includes 90% practice participation, 100% meet participation unless excused, 5 performance points and 10 volunteer points.
- c.** These awards can also be earned by placing in the top three (3) at the Delta League Championship Meet, top six (6) at the Sub-Section Finals, or the top nine (9) in the Sac-Joaquin Section Championship Finals.
- d.** Late joiners (Basketball, Wrestling, spring cuts) must earn 60% of the total awards points possible to earn a certificate from the time they come out. Varsity athletes must earn 65% of the total awards points possible from the time they come out to earn an award (with 90% practice participation and 100% meet participation for both a certificate and a letter).

