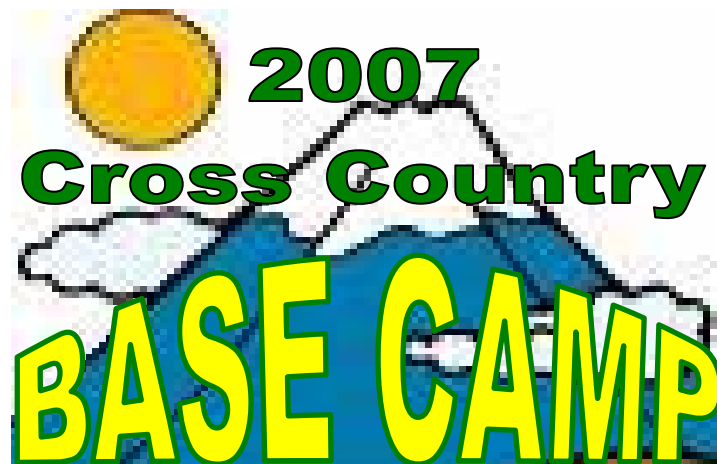


Save The Date

July 23-27

Marin Headlands



The Best Way to Kick Off a Championship Cross Country Season

- Join some of Northern California's top cross country programs as they prepare for their best season ever
- Learn from top collegiate and professional runners, college coaches, sports medicine professionals, dieticians, and shoe and apparel technical experts
- Fun activities and competitions and dynamic evening programs
 - Great food and beautiful running trails

Email your name, school, and graduation date to xcbasecamp@gmail.com to reserve your spot and lock in your earlybird rate of \$400 by March 30th